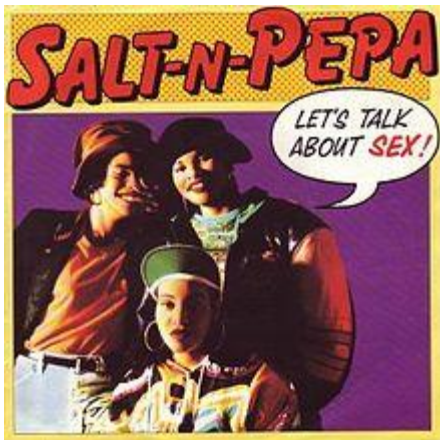


LET'S TALK ABOUT (HEALTHY) SEX, BABY

Starting the Conversation



Maria Mendez
Training and Technical Assistance Manager
Agueda Morgan
Director of Programs



Welcome!

- About your presenters...
- About CCASA...
- Today's goals:
 - Identify how media impacts our understanding and conversations about sex and consent.
 - Identify how to use pop culture to have difficult conversations about consent.
 - Understand signs of sexual abuse, how to help, and mandated reporting.



Media Usage

- How many of you use the internet:
 - Almost constantly
 - Several times a day
 - hardly



Media Usage

- 45% of teens say they use the internet “almost constantly”
- 44% of teens use the internet “several times a day”
- 95% of teens report having a smartphone or access to one
- 11:39 daily digital media use (18+)





MEDIA MESSAGING

SEX AND CONSENT



***Trigger Warning.**

What messages do you get from the media about...



- What consent is and looks like?

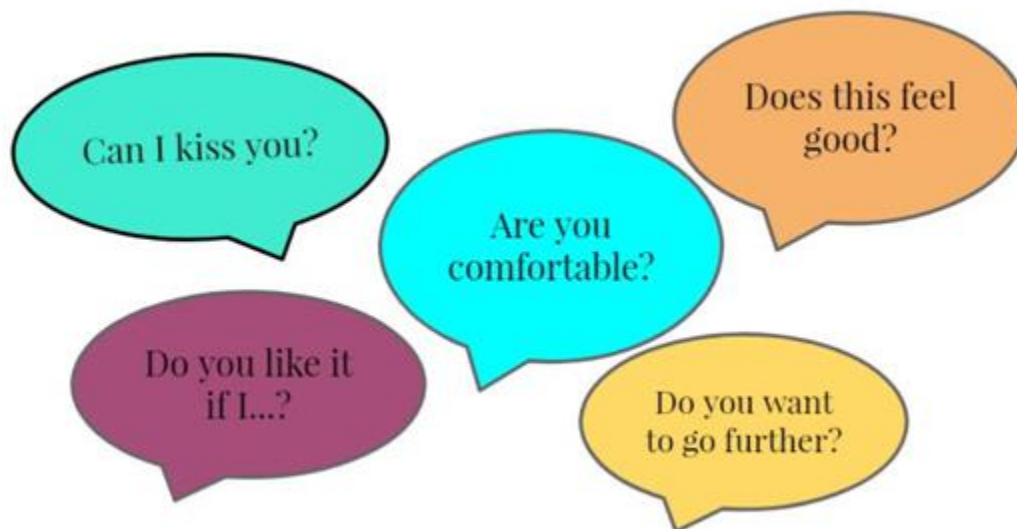


- What a relationship looks like?

What **IS** consent?

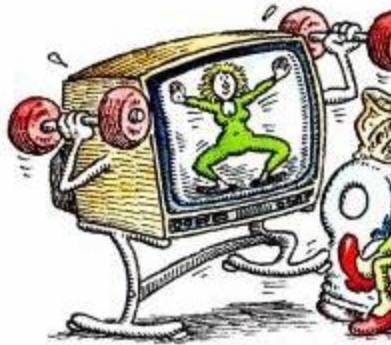
Actively agreeing to engage in sexual activity with someone

- Freely
- Willingly
- Knowingly



Media Content

- Most is filled with harmful gender stereotypes
- We know that attitudes and beliefs can be created and strengthened by the media

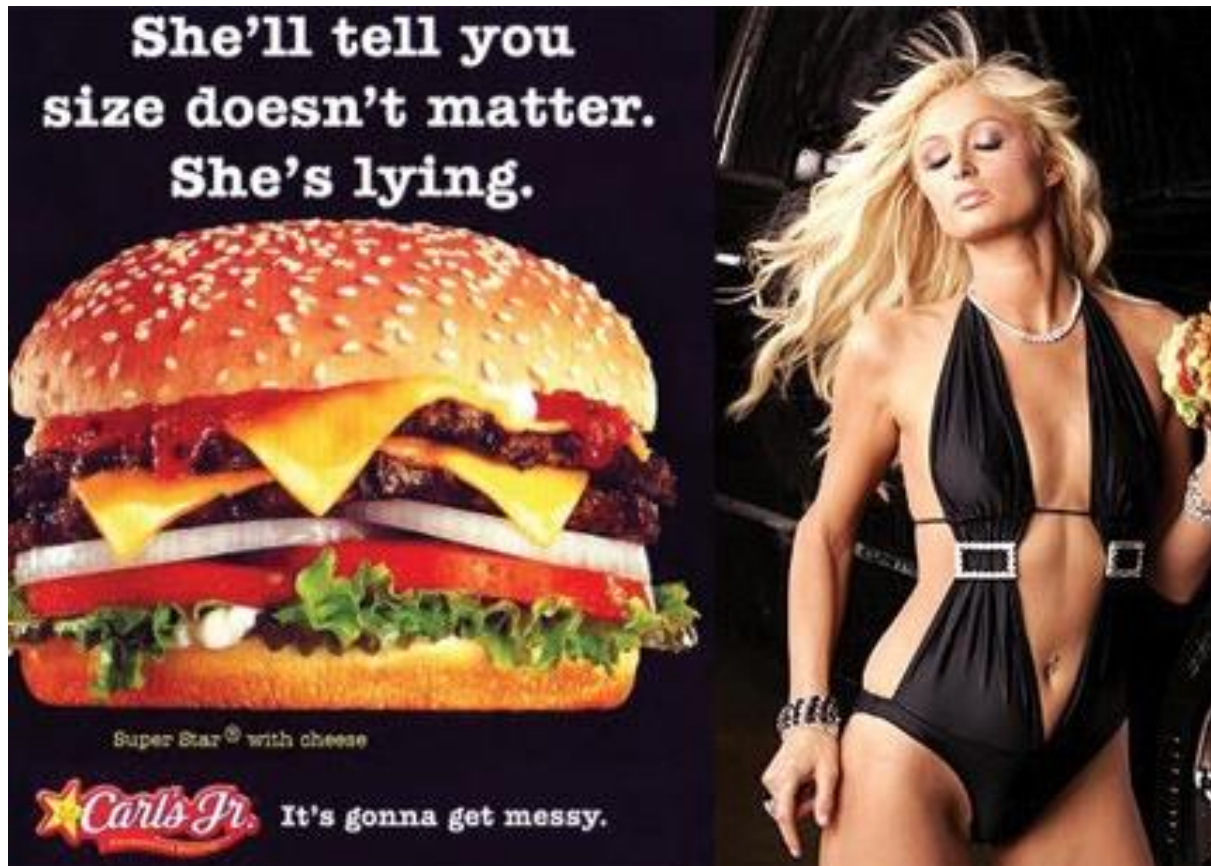


ALL ANIMALS HAVE THE SAME PARTS



Pamela Anderson
FOR **PETA**

Ways we see women



Women and sexual engagement



Taking charge in relationships



Who is in control?



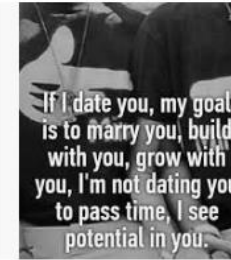
Relationship Goals That Will Make ...
powerofpositivity.com



60+ Relationship Goals To Improve ANY ...
laceybunny.com



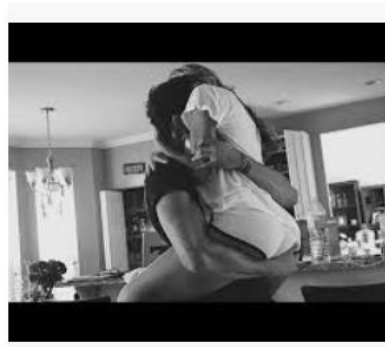
Define Everyone's Relationship Goals
powerofpositivity.com



Relationship Goals & Quot
pinterest.com



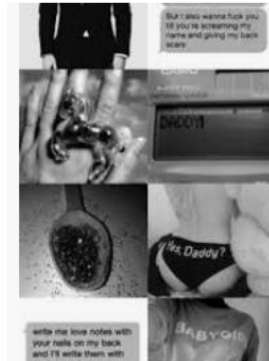
Relationship Goals | Meme on ...



Couple/Relationship Goals 2018 - YouT...
youtube.com



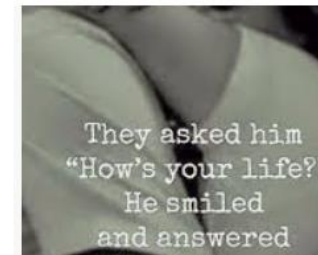
Relationship goals ...
pinterest.com



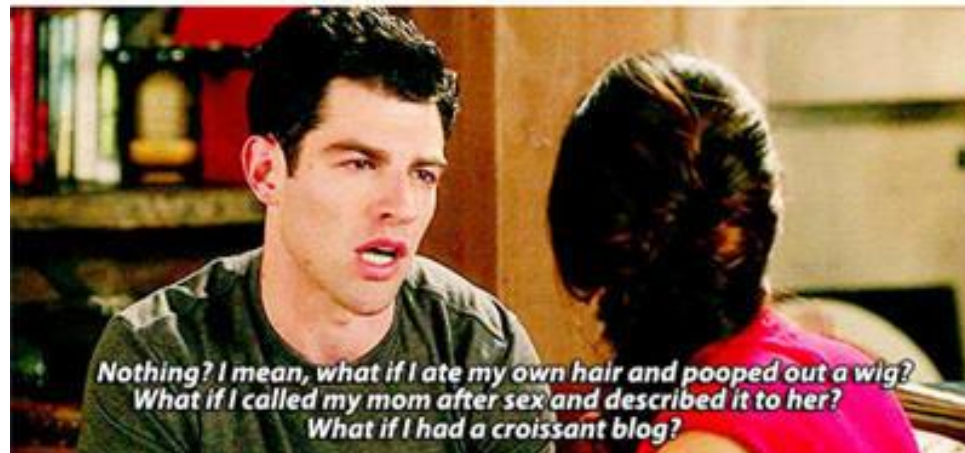
Relationship Goals - Briau...
wattpad.com



Relationship g
imgur.com



Relationship Goals?



Consent



Consent

Sexual violence is a community
problem that requires a
community solution.



Media Literacy

- Teaches how to interpret the messages we hear and see everyday in advertising, films, television, magazines, video games, music, and social media.
- Gender media literacy
 - Gives the ability to analyze and evaluate gender stereotypes in the media



Tips to Start the Conversation

- **Get comfortable**
 - With the content and when you talk
- **Don't force it**
 - Look for opportunities (media!! 😊)
- **Ask questions**
 - What do you think about...?
- **Use analogies**
- **Talk *with* them, not *at* them**
- **Be inclusive**
- **Be sex/intimacy positive**



Media Processing Questions

- Do you think the sexual contact was wanted by both people?
 - How could you tell?
- How realistic was the scene?
- What happened, or didn't happen, in the scene that made you sure/unsure if there was consent?



Using Analogies

CONSENT

IT'S SIMPLE AS TEA

Lupe Fiasco



In groups:

- Teens: how could adults use a video like this to have a conversation with you about relationships/sex?
- Adults: how would you use a video like this to have a conversation with teens about relationships/sex?

Starting the Conversation

- What do you like about her approach?
- What would you do differently?
- Was it effective?
- Do you see yourself having this conversation?



Let's Practice!





RECOGNIZING SEXUAL VIOLENCE

You may notice...



- A change in normal behavior/personality
- Unusual weight gain/loss
- Unhealthy eating patterns, like loss of appetite or excessive eating
- Withdrawn
- Disengagement in activities
- Increased arousal/hypervigilant
- Nightmares
- Negative self-image
- Failing grades
- Drinking or drug use
- Increased levels of fear



RESPONDING TO SEXUAL VIOLENCE

Mandated Reporting

- Colorado mandated reporting law (C.R.S. 19-3-304)
 - Applies to any adolescent under age 18
 - Concern that an adolescent is being abused or neglected
 - Must initiate a report to the Department of Social Services or law enforcement



Who is a mandated reporter

- More than 40 categories of professions
 - Physician or surgeon, including a physician in training
 - Dentist
 - Optometrist
 - Registered nurse or licensed practical nurse
 - Hospital personnel
 - Public or private school official or employee
 - Social worker or worker in any licensed or certified facility or agency
 - Mental health professional
 - Dental hygienist
 - Victim advocate



Disclosure of Mandatory Reporting

- Be sure to inform the survivor at the outset – before they make any disclosures
- Make the report to the appropriate agency
 - DSS or LE
 - If there is a choice, discuss the options with the survivor
- Ensure you are reporting **ONLY** what is required; any more information requires informed consent in writing to release more information
- Safety plan and offer ongoing support



Verbal Response



What to say:

- Thank you for sharing with me
- I believe you
- It's not your fault
- I'm glad that you told me
- It took a lot of courage to share
- What would help you feel safe right now?
- Because I know this information, I am obligated by the law to help make sure you are safe.

What NOT to say:

- Why didn't you tell me/someone sooner?
- It must've been a misunderstanding.
- Are you sure that's what happened?

Don't ask "why" or "what" questions



Things to remember

- Be mindful of location
- Listen and believe
- Remain calm
- Pay attention to your body language
- Reassure them
- Maintain their privacy
- Encourage them to seek help
- Inform the appropriate people when necessary
- Take care of yourself



Explore adolescents' support systems

- Do they want a parent, guardian or another trusted adult to be involved?
 - Are they unsure how to disclose or ask for help?
 - Is a parent likely to be blaming and judgmental or supportive?
- Is there another safe adult in their lives more likely to be supportive and understanding?
- Is there a friend who can be helpful?
- Is their cultural or friendship network likely to be blaming and labeling?
- Does it make sense to stay somewhere else for a while, and if so, where?





Resources

- Teen Toolkit: http://www.ccasa.org/wp-content/uploads/2018/03/CCASA_TeenToolkit_2ndEdition_2018_web.pdf
- Media Usage
 - Pew Research Center: <https://www.pewinternet.org/2018/05/31/teens-social-media-technology-2018/>
 - <https://www.pewinternet.org/2018/03/01/social-media-use-in-2018/>
- Media Literacy
 - Center for Media Literacy: http://www.medialit.org/sites/default/files/14B_CCKQPoster+5essays.pdf
 - Planned Parenthood: https://www.plannedparenthood.org/uploads/filer_public/82/bf/82bf21ff-226a-4190-a367-e9462b452032/consent_videosmedia_literacy_lesson_plan.pdf
- Tips for talking to teens
 - Parent Toolkit: <https://www.parenttoolkit.com/social-and-emotional-development/conversation-starter/relationships/how-to-talk-consent-with-young-adults>
 - Adolescent Health Center: <https://teenhealthcare.org/blog/5-tips-for-talking-to-your-teen-about-consent/>
 - Planned Parenthood: <https://www.youtube.com/playlist?list=PL3xP1jlf1jglxIPXN8TSU3lQ7-4btvbXH>
- Mandatory Reporting
 - <https://co4kids.org/mandatoryreporting>





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